

This guide is intended as a brief summary of the basic principles and structure of the Bread and Roses Food Cooperative.

Inside you will find:

- Our Mission
- Our Core Values
- Our Goals
- How to Become a Member
- Contact Information

A Brief Explanation of the Organization:

Bread & Roses Food Cooperative is a member-worker owned, operated, and managed nonprofit grocery store opening Fall of 2009 in Railroad Square Art Park.

Bread and Roses is organized on the principle of Mutual Aid (collective participation and the equal distribution of responsibilities and benefits). We will be unique in that we will be an organization of the people, for the people and by the people of the Tallahassee community.

Participation in B & R will be distributed evenly: each member of the Cooperative agrees to work a few hours each month (approximately 3 hours once every 4 weeks). In turn, the money saved by reducing overhead through collective effort will drastically lower the cost of groceries (approximately 40% saving on all groceries for all members).

Non-members will be welcome to shop at Bread & Roses but will not benefit from the reduced Member prices, they will be charged standard retail prices.

CONTACT:

Visit us on the web for more information including: news updates, our full bylaws, and downloadable fliers and membership applications at

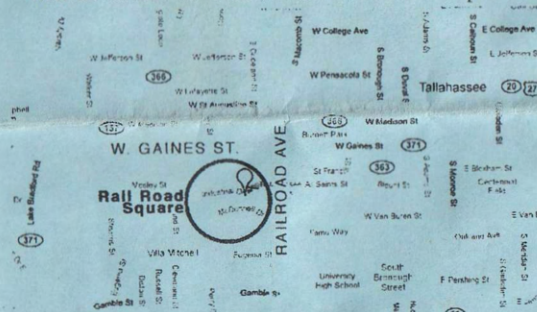
www.breadandrosesfoodcoop.com

We will be holding Community Presentations (a basic introduction to the co-op) September 30 and October 13 @ LeRoy Collins Public Library. Room A 7pm

breadandrosesfoodcoop@gmail.com

LOCATION:

Bread & Roses Food Cooperative will be located at
**617 INDUSTRIAL DRIVE
TALLAHASSEE, FL 32310**
in Railroad Square Art Park conveniently situated within blocks of FSU, FAMU, and the capitol.



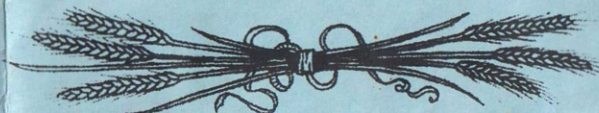
SHIRTS:

Printed on organic cotton
American Apparel
T-Shirts made in the USA
Color: 'Natural', Black,
& Baby Blue V-Neck
Sizes: XS, S, M, L, XL
Price: Members \$10-15,
Non Members \$15-20



OPENING THIS FALL!

A new independent nonprofit member-worker owned, operated, and managed grocery store. We are democratically organized and dedicated to community building, sound ecological stewardship, and assuring equitable access to quality food which is both healthy and affordable.



OUR GOALS:

- Enrich the Tallahassee Community
- Broaden access to quality, healthy and organic foods
- Minimize our carbon footprint
- Maintain a vibrant democracy through nonhierarchical, egalitarian decision making processes.
- Full inclusion of any person willing to participate regardless of class, race, gender, age, or sexual preference.

OUR CORE VALUES:

- *Providing local, organic, and healthy food*
- *Environmental sustainability*
- *Transparency and openness*
- *Social Justice*
- *Mutual Aid*



MISSION STATEMENT

As a member-owned and operated grocer, the Bread and Roses Food Cooperative provides an alternative to commercial, profit-oriented business. As members, we contribute our labor by working together, building trust through cooperation and teamwork. This enables us to keep prices as low as possible within the context of our values and principles. We seek to create a vibrant participatory democracy at every level, from policy making to store operations. Members share the benefits and responsibilities equally.

We strive to be a responsible and ethical employer and neighbor, minimizing our carbon footprint by fulfilling our ecological responsibility. We are a buying agent for our members and not a selling agent for any industry. We offer a diversity of products with an emphasis on organic and local, minimally processed and healthful foods that are chemical and additive free. We seek to avoid products that depend on the exploitation of others, while advocating for human rights, social justice, and fair trade.

We try to lead by example, educating ourselves and others about health, nutrition, cooperation and the environment. We support the broader cooperative movement. We oppose discrimination in any form, while striving to create a safe and welcoming space.

We welcome all who respect these values.



MEMBERSHIP:

Becoming a member is easy:

- Fill out and sign a short membership application form* and turn it in to us.
- Pay a one time only, lifetime Membership fee of \$25 plus a \$100 (refundable) investment**.
(Or ask about our flexible, individualized payment plans and get the money to us when you are ready.)
- Attend an orientation aimed at familiarizing members to our operating procedures.

**Membership application forms are available at our monthly Community Presentations, at our discussion group, or on our website:
www.breadandrosesfoodcoop.com*

***The \$100 investment in the co-op is fully refundable if you choose to terminate your membership with the co-op.
If you choose, your investment can be turned into a donation thus contributing to the economic stability of Bread & Roses.*

We are asking anyone who is capable to please donate their contribution in order to help us get Bread & Roses up and running.

